

自考 英语（二）教材课后练习答案 课程代码 00015

Unit 1 The power of language

Text A

Checking your comprehension

1-5 BADAC

Building your vocabulary

Section A	1-6	consistent	statement	reflect	invalid	considerably
		comparison				
Section B	1-6	credible	identify	assumption	represents	evaluated
		appropriate				
Section C	1-6	to	forth	into	on	with to

Bridging the gap

1-10 defines action tears good express powerful internally shapes
 responds to personal

Translation

- Section A 1. take interests of different social groups into account
 2. Compare the recent work with the previous one
 3. was not consistent with his statement to the police
 4. was not relevant to the affair /matter that was being dealt with
 5. Please inform us of any change in your case

Section B

 成为一名灵活的读者，你需要知道怎样选择和使用阅读方式，来与你的阅读目的相一致。懂得何时以及怎样选用不同的阅读方式会使你成为一个灵活的读者。当读者的目的是需要很高的阅读理解能力来读懂难度很高的阅读材料时，精读是一名灵活的读者使用的阅读方法。使用该方法时，你应该比平时阅读速度稍慢些。而且，读的时候，你必须挑战自己，让自己理解这些阅读材料。精读通常需要你读不止一遍材料，以便能更好的理解它们。有时候，读出声儿也能帮助你更好的理解 。

Organizing your ideas

5 2 1 6 3 4

Text B

Checking your comprehension

Section A 1-6 Y N Y N Y NG

Section B 1. Mastering our language 2. our quality of life 3. determination 4. power 5. live whatever life we desire 6. some alternatives

Building your vocabulary

Section A 1-6 confidence creative eliminate dramatically significant limit

Section B 1-6 matter commonly pleased infinite commands quality

Section C 1-6 out up on upon to in over

Translation

Section A 1. have a dramatic impact on the country's future
2. but it really matters to me
3. but the police were in control of it soon
4. that I have no alternative but to let you go
5. It is up to the manager to make the final decision

Section B

英语在职场中发挥着重要的作用。当人们正确地以合适的方式使用英语时，它能够对职业生涯有很大帮助，或是能够促进业务发展。在人们步入职场前，有些人可能需要或是想要学习商务英语，而那些已经参加工作的人们在他们目前的工作中有机会搞明白使用英语能使哪些工作更有效率，哪些不能。

商务工作中一项宝贵的技能是如何沟通。你需要知道你想要什么，同时也要知道如何去讨价还价，以及如何作出让步。能够处理冲突并知道如何结束协商对谈判结果有着重要的影响。

职场英语学习会鼓励人们进行专业且有效的沟通与交流，这一点对客户、商务伙伴，以及供应商来说都是很好的，对任何业务也只能是有积极意义的。

Unit 2 Mistakes to success

Text A

Checking your comprehension

1-5 DACBB

Building your vocabulary

Section A 1-6 effectively response discover occur rare scientific

Section B 1-6 remove eventually opportunity renowned interviewed
remarked

Section C 1-6 to so to on in for

Bridging the gap

1-10 fear under unavoidable success without reach between so
that as long as wisely

Translation

- Section A
1. actively respond to the president's request
 2. only his accent sets him apart from others
 3. I have rarely seen such a beautiful sunset
 4. restore people's confidence in national economy
 5. she remarked on the progress of the boy

Section B

我清楚记得我感觉自己是个失败者的那段日子。但是我最终明白了在一件事情上失败并不意味着在所有事情上的失败。事实上，失败是成长过程中必不可少的一部分。人生充满了不断地反复尝试和犯错。为了走向通往成功的道路，你必定会在沿路犯一些错误。用约翰·麦克斯维尔的术语来说，我学到的就是‘以退为进 在失败中前进’，即运用错误使自己变得更好。人们面对失败最大的一个问题是他们过快的武断他们生活中孤立的一些情况，并且给自己贴上失败者的标签。相反的，他们需要在头脑中保持清晰地思路。一个成功的棒球运动员并不把一次出局看成是失败。他把这放在一个更大的局面上中去考虑。他的观念引导他坚持不懈。他的坚持给他带来长命。而他的长命给予他成功的机会。

Organizing your ideas

2 1 4 3 6 5

Text B

Checking your comprehension

Section A 1-6 N N Y Y N G Y

Section B 1-6 messy anniversary gift the mess in the kitchen what to say long-term significance not just teaching lessons, they are teaching children

Building your vocabulary

Section A 1-6 slightly troublesome occasional inspection responsible disaster

Section B 1-6 pretended frustration awfully deserves issues glance

Section C 1-6 from out with off up of

Translation

- Section A
1. she glanced around/round the room
 2. gesturing to me to follow him
 3. Once the paper is positioned correctly
 4. speak out the views on political issues
 5. It is vital to deliver the medical supplies to this region

Section B

成功人士具备一些关键的能力来在失败中前进，而不是把每个挫折都看成是个人的问题。首先，当成功人士失败的时候，他们不是在责备自己。他们对每一次的挫折负责，但是并不按个人观点看待失败。其次，成功人士并不因个别失败来定义自己。他们承认每一个挫折时整体失败的一小部分。第三，获得成功的人很乐意改变他们解决问题的方法。这对各行各业来说都是很重要的。如果一种方法对你来说不奏效，如果她使你接连失败，那么换另一种方法试试。要在失败中前进，你必须用对你奏效的方法，而不必是对其他人管用的方法。最后，成功人士有韧性很达观。他们不会让一个小错误把自己打倒，他们从错误中吸取教训，然后再继续前进。

Unit 3 Friendship and loyalty

Text A

Checking your comprehension

1-5 AABAB

Building your vocabulary

Section A 1-6 recognition reflection undisputed loyalty essential
 assurance
Section B 1-6 sought requested challenges mutual virtue
 generation
Section C 1-6 of in of of through In

Bridging the gap 1-10 While wisely on opposites personalities that
 Whatever unique a couple of share

Translation

- Section A 1. continued to engage in criminal activities
 2.exploit natural resources
 3.must request approval
 4.had betrayed her parents' trust
 5.lead to severe consequences/serious results

Section B

我们很容易就把好朋友想当然了。老朋友就像一副舒服的手套，戴着最顺手。但是友情经不起因忙碌或相互之间太熟悉了而被忽视太久。友谊也需要更新。如果你想要且需要保持一段真挚的友情长存，请仔细考虑有关最重要的品质列表。也许它会帮助你来理解为什么你和你的好朋友几年了都没打过电话，为什么当你被问到‘这周末你打算和谁一起玩？’时，你会感到尴尬。你可能时不时的忽略了你的亲密的朋友，但是如果你没能培养好这些品质——忠诚、宽恕、诚实以及奉献精神——你将不太可能维持住真正的朋友。

Organizing your ideas

3 2 6 4 5 1

Text B

Checking your comprehension

Section A 1-6 Y Y N NG N Y
Section B 1-6 ungrateful their faith sacrificed prosperity and in
 poverty, in health and in sickness

Building your vocabulary

Section A 1-6 pursuit faithful ungrateful fiercely prosperity
 reputation
Section B 1-6 privileges prone poverty alert scene deserted
Section C 1-6 by to against to to down

Translation

Section A 1. home is the best place to lick your wounds
 2.If only I had time to review my lessons
 3.be alert to risks of tourism
 4.enjoyed certain privileges
 5.will be the first encounter among the party leaders

Section B
 如今，好朋友的概念始终是能提供给你两个选择中更好的选择的那个人。他会在你受到惊吓时，紧握你的手；帮你击退想占你便宜的坏蛋；当你不在他身边时，却还不时地关心你；提醒你已经忘了的事情；帮你把往事抛诸脑后，却能在你依恋过去的时理解你；陪你在身边，给予你信心；特地为你腾出时间；为你引起纠纷善后；帮你应对来自他人的压力；帮你成为一个更好的人，更为重要的是，爱你！

Unit 4 The joy of work

Text A

Checking your comprehension

1-5 BADCB

Building your vocabulary

Section A 1-6 dealers complain rarely blessing contribute illegal

Section B 1-6 committed subsistence immigrants unrest quit victim

Section C 1-6 about of to in in again

Bridging the gap

1-10 improve check out stressed arrive clearing away priority
routine different route

Translation

Section A

1. she is looking forward to seeing you
2. If you always complain about being short of time for work
3. will contribute to the development of suburbs
4. reminds her of her miserable childhood
5. we were prepared for the worst

Section B

无论你是一个餐厅服务生还是一个脑外科医生，你所从事的任何工作都是在为他人服务，进而在一定水平上让他们的生活变得更美好。我们都有这样的经历，那就是一些人的工作提升了我们的生活，让我们的日子发生了变化，或是让我们的日子每况愈下。我们也都遇到过一些很棒的清洁人员，但也碰到过一些有着好工作却不怎么样的工作人员。所以不管你从事什么工作，你该如何把爱心投入到工作中？请对工作怀有感恩的心。感恩并不意味着你必须做你不喜欢的工作，而是指当你在那工作时，它会帮助你发展积极的心态。你不喜欢你的工作，但是你可能喜欢和你的同事在一起。这也是感恩的一面。当你学会感恩时将会在工作上更加乐观，心情也更加愉快。

Organizing your ideas

3 1 2 5 4

Text B

Checking your comprehension

- Section A 1-6 Y NG N N NG N
- Section B 1. challenge and reward 2. potential clients
3. the purpose of your business and not solely on the logistics
4. your financial boundaries
5. sound advice and criticism
6. the planning and start-up process

Building your vocabulary

- SectionA 1-6 exhaustive survival various motivation profession
- competitive
- Section B 1-6 sound exceeds prioritize unique pattern routine
- Section C 1-6 in from for out for in

Translation

- SectionA 1. Those/All the people who feel privileged to work with him
2. we need to arrange security guards in place
3. we can totally assume that he is not in this city
4. the refugees may not survive this winter
5. for those drivers who exceed the speed limit
- Section B
- 在你下决心走哪条发展道路之前， 请认真的， 诚实的审视一下促使你去创业的动力。有太多人想要发财， 逃避公司乏味枯燥的工作， 缩短工作时间而有更多的休闲时间。 这些理由都不太可能会带来成功。 如果你致力于解决客户的问题或满足他们的需求， 相信自己能比任何人做的优秀， 并且你渴望长时间工作、 身兼数职， 和应付无穷无尽的责任， 那你的创业状态就是正确的。你还需要具备一些性格特质。 其中一条是， 你要乐于承受一个人辛苦工作的艰辛，至少在创业第一年里（可能会更长）是这样的。

教材自测（一）答案

1-5 ABCAC 6-10 BBAAA 11-15 DBDCA 16-20 EAFBC

21-25 BEDCA 26-30 FADCB 31-35 DCAAK 36-40 LFEJB

41. encourage 42. careful 43. particularly 44. implications 45. trained

46 impression 47 communication 48 .respectful 49 .designer 50 logical

Unit 5 Keeping your dreams alive

Text A

Checking your comprehension 1-5 AACAC

Building your vocabulary

Section A 1-6 wisdom deliberately anxiety belief uncomfortable
equivalent

Section B 1-6 distinguished instruction equal conflicts guilty
anxious

Section C 1-6 of about of between forth as

Bridging the gap

1-10 satisfy than focus on the middle sense but challenged
inner fit thinking of

Translation

Section A 1. has called forth the anger of the local people
2. A series of accidents
3. because of the rain
4. is a talented/gifted musician as well as a photographer
5. distinguish between reality and fiction

Section B

把生活想象成一种在空中抛接 5 只球的游戏，这 5 只球依次叫做工作、家庭、健康、友谊、精神，你把它们都放飞在空中。很快地，你会发现‘工作’是个弹力球。就算你松开手不去管它，它还是会再次跳起来。但还是其他 4 个球——家庭、健康、友谊、和精神——它们是玻璃制成的。如果你丢下它们中的任何一个，它注定就会磨损了、划伤了、有擦痕了、破损了、甚至裂成碎片了。再不可能完好如初了。因此，你必须了解这点，并为掌握它们之间的平衡而努力。

Organizing your ideas 2 1 3 5 4 6

Text B

Checking your comprehension

Section A 1-5 Y N N Y Y Y

Section B 1. health issues 2. a resource of hope or a good bad example of what to do in life 3. useless or uncaring 4. unreceptive 5. failed marriage 6. giving up

Building your vocabulary

Section A 1-6 imagination threaten recover inspire valuable quotation

Section B 1-6 desperate challenge cheerful valuable inspiring

Section C 1-6 on with out over back about

Translation

Section A

1. on her feet
2. has brought about many changes
3. walked out on her
4. should have fought back
5. sank into desperation

Section B

生活是挑战，迎接它吧！
生活是丰富多彩的，充实它吧！
生活是美好的，发现它吧！
生活是幽默的，享受它吧！

Text B

Checking your comprehension

- Section A 1-6 Y Y NG N Y Y
- Section B 1. always dream of 2. the opposite 3.traits 4.a giving attitude
5.joyful 6. a healthier view of money

Building your vocabulary

- Section A 1-6 abundance favourite scared donation originally
economic
- Section B 1-6 available abundant stimulated charity universe
readily
- Section C 1-6 of as between down up in

Translation

- Section A
- 1. as long as the new information is available
 - 2. to open up a new world in front of me which I am not familiar with
 - 3. to stimulate economic growth
 - 4. had donated more than 100,000 for cancer research
 - 5. deserves our careful consideration

Section B

人们是如何看待金钱的？一个事实就是很多人把钱看得太重了。他们认为金钱就是一切，并相信‘有了钱什么都可以做到’。所以他们能做出任何事情，甚至是不道德的和违法的事情以达到赚钱的目的。抢匪为了仅仅几十美元做好了杀死他人的准备。商人为了赚取更多的钱不惜在生意场上欺骗。拥有很多权力以及社会影响力的官员却践踏他们自身的荣誉，侵犯他人的权益。

Unit 7 Inner voice

Text A

Checking your comprehension

1-5 DCBAA

Building your vocabulary

SectionA	1-6	precisely	hesitate	wonderful	emotion	ignorance	
		complete					
Section B	1-6	attached	attempts	upset	overwhelming	prompt	inner
Section C	1-6	took	with	for	took	in	with

Bridging the gap

1-10 choose opportunity view accordingly end up interact whose
 what nonstop night

Translation

- Section A
- 1. agreed without the slightest hesitation
 - 2. In desperation , I called the doctor
 - 3. prompted me to write this article
 - 4. the best solution (that)they had come up with
 - 5. Despite a shortage of steel supply

Section B

你内心的声音引导你走过人生的道路。有多少次你的心声告诉你去做什么事情，而你，反过来，却选择了无视它的提示，结果发现犯了一个大错？我敢打赌，那个时候，你对自己说‘我本应该听从自己的心声’。有时候我们的心声暗示非常微妙不易察觉，提醒我们付账或是打电话给朋友。还有些时候我们的心声可能是更加显著的连续的，可能持续好几天，好几个星期甚至好几年，不断地提醒我们那些未完成的事情。如果你的心声持续超过了一个星期，也就是说，你三番五次的发觉相同的想法或是感觉，那么你就知道这是你的心声在寻求表达。相信你所接收到的信息，并用它来引导你的行动。

Organizing your ideas 6 1 5 3 2 4

Text B

Checking your comprehension

- Section A 1-6 N Y N NG Y Y
- Section B 1. sourness and selfishness 2. have their pets inoculated
3. waste time sitting in that office
4. the long wait for service 5. to talk with others
6. your goodwill

Building your vocabulary

- SectionA 1-6 boredom namely character tension sour pleasing
- SectionB 1-6 modest wears brightened radiate goodwill inherited
- SectionC 1-6 under up of As into skin

Translation

- Section A 1. He is so eager to study
2.joining in celebrating activities
3.inherited a considerable large fortune from his father
4.converts the sun's radiation into electric power
5.make a good impression on everyone you meet

Section B

微笑不费分文，却给予很多，
受之者得益甚多，失之者却不受损。
弹指瞬间事，却有时令人终生难忘怀。
任他富贵甲天下，不可一日无微笑，
任他贫无立锥地，亦能受益而富有。
微笑使家庭温馨又快乐，令商界诚信有善意，
它是友谊的奠基石，它给疲惫者送来扶手，
给失志者送来欢乐，给伤心者送来阳光，
它是自然界最好的烦恼消除剂，
然而购求借偷，样样行不通，
若不给予他人，于己价值全无。
当他人疲惫不堪，无心对你微笑时，
就奉送你自己的微笑给他们吧，
最需微笑者，莫若无微笑可施者。

Unit 8 The great minds

Text A

Checking your comprehension

1-5 CCDBA

Building your vocabulary

Section A	1-6	perfection	accomplish	persistent	disposal	effective	
		motivational					
Section B	1-6	obstacle	incredible	vision	perspective	fulfill	profound
Section C	1-6	from	from	with	at	in	of

Bridging the gap

1-10 confused natural intentionally likely potential as opposed to
even if known called upon mark

Translation

- Section A
1. found it difficult to adapt to their new school life
 2. children was willing to share their stories with
 3. elected one of their members as the spokesman
 4. only to find that they had to overcome financial problems by themselves
 5. stresses the importance of balanced diet

Section B

总是有一些瞬间，让人感觉留给我们的唯一事情就是质疑我们自身的存在。我们总有感到孤独和沮丧的一段日子，仿佛整个世界都黯然失色。我们也总有感觉毫无生存缘由的时候，生活看起来如此艰难以至于我们希望没有诸如明天这种事物。但是话又说回来，我们也应该明白，困难只不过是人生中的另一种苦难，试图扭转我们每一个人的命运，并且败坏我们对于人生的认知。在这个时候，请不要屈服于投降的诱惑，是的，唯一可以快乐的方式就是心甘情愿承受这一切。

Organizing your ideas 2 3 1 5 4 7 9 6 8

Text B

Checking your comprehension

Section A 1-6 Y NG N Y Y N

Section B

1. the computing world
2. finance the production
3. worked on a new machine
4. fired
5. billions of dollars
6. new and innovative technologies

Building your vocabulary

SectionA 1-6 adoption appointment convincing initially recruitment
successive

SectionB 1-6 foundation innovative possession insanely immense
unexpected

SectionC 1-6 among with/by as of in in

Translation

Section A

1. he dropped out of school after only one year
2. established charity foundation in memory of his father
3. turned out to be more difficult than I had expected
4. expect look forward to a bright future under his leadership
5. such a tragedy would happen to him

Section B

史蒂夫乔布斯被加利福尼亚州山景城的一个家庭收养。在他还在上高中时，他就对电子学感兴趣，这促使他打电话给威廉姆休斯特，要用一些用来做学习项目的零件。休斯特提供了这些零件，并给乔布斯提供了一个暑期到惠普公司实习的机会。在那儿，乔布斯遇到了斯蒂夫，一个极有天分的知识渊博的工程师，他比当时还是高中生的乔布斯长 5 岁。他们的友情最终成为苹果公司成立的基础。

教材自测（二）答案

1-5 ABBAC 6-10 BBBA 11-15 CCBAB 16-20 BACED

21-25 BCFEA 26-30 BFACD 31-35 LHIBC 36-40 EDJFG

41-45 infinite exhausted discoveries increasing vanced

46-50 effective investments transportation applied independent

Unit 9 Facing life's challenges

Text A

Checking your comprehension

1-5 CCACA

Building your vocabulary

Section A 1-6 despair negative individually tougher incredible
symbolize

Section B 1-6 leaped/leap arose lost paced through positive

Section C 1-6 with up over with like to

Bridging the gap

1-10 struggling arose respectively turned observed tasted weak
inside circumstance worst

Translation

- Section A
1. instead of waiting until tomorrow
 2. overseas investment has a positive effect on export
 3. look back on my days in middle school
 4. you will end up getting into troubles
 5. he had great difficulty keeping up with other students

Section B

这些恐惧和自我怀疑决定了我们工作的交往方式和行为。职场是一个残酷的竞技场。你需要做好自我保护。为了要在这场竞技中生存，你要变得独立，有责任心，有自信心和决断力。首先，你要正确评价自己，意识到自己的价值。要不然，你就死定了！任何一种职业都需要你对自己充满信心。这就是为什么你发现一些人资质平庸，但却永远强大的内心驱动力，能够取得比有天分的人更大的成就。积极的思

维方式就会产生积极的态度，回应以及情绪，这些反过来都能促进成功。另一方面，消极的态度，充满恐惧，怀疑和焦虑就会使行为更加消极。但是，我们能够清空这些消极想法，加满积极的信息。用信心取代恐惧，决断取代怀疑，工作取代焦虑，用爱心取代憎恶。

Organizing your ideas 5 1 3 6 2 4

Text B

Checking your comprehension

Section A 1-6 N NG Y N Y N

Section B 1. no small achievement 2. signaled the conducted to begin again
3. just three strings
4. how much they appreciated what he had done
5. more beautiful ,more sacred ,more memorable ,than any that he
had ever mode before
6. with what we have left

Building your vocabulary

Section A 1-6 sudden appreciate purity applause shaky boastful

Section B 1-6 aid proceeded signaled undid figured bewildering

SectionC 1-6 up take around sudden to At

Translation

Section A 1. made our way to the place for our appointment
2. appreciated by those who like quality services
3. with the aid of a good map
4. Many people stricken with disabilities
5. proceeded to tell everyone in the bar about our individual
problems

Section B

每个人都会遇到麻烦，但是有些人会因此变得更强更美好，而有些人却沉浸于此。从此一蹶不振。困难是相同的，但是人们面对困难的方式却是不同的。那些用脆弱狭隘的心理和错误的个性来面对困难的逆境的人，很快就会被困难打倒，在生活的暴风雨中化为碎片。而那些依赖并相信自己内心力量的人们，永远不会被困难打倒，也永远不会被击败。这种力量，是无穷无尽的，无论对它的需求是多么大，总是用之不竭。能够意识到自身内在否认真正的精神实质的人，他们知道自己永远不会被击败，而且他们也永远不会真正失败。他可能由于死亡失去自己的肉身，但是他，一个真正的大丈夫，永远不会死去。尽管他可能被击倒一千次，但是他也不曾真正失败，他一定会再次站起来！

Unit 10 Ode to public transport

Text A

Checking your comprehension

1-5 ABDDC

Building your vocabulary

Section A 1-6 economic arrangement dependent valuable exception
ease

Section B 1-6 necessities strengthen lessening limited proclaimed commutes

Section C 1-6 for on/upon to up to in

Bridging the gap

1-11 limited running out of refers to low require another
compare to personal positive economic

Translation

Section A

- 1.basking in the warm sunlight
2. accounts for 35 percent of the corporate
- 3.attributed her success to her hard work
4. up to 500 guests
5. end up in prison

Section B

公共交通是取代座驾的更佳选择吗？这取决于个人偏好。有些人喜欢自己驾车，但这并不是说公共交通对已大多数人来讲不是恰当的旅行方式。从广义上说，公共交通可能更便宜。因为你不用担心付车贷或交保险金。你也不用考虑维护或是燃油费。从环保角度讲，对于那些从一地往返于另一地的一群人来说，公共交通的效率更高。

Organizing your ideas 2 4 3 5 6 1

Text B

Checking your comprehension

Section A 1-6 Y N N N Y Y

Section B 1. ends up seeing 2. behave as politely and respectfully as they can

3.conduct our best selves

4. takes a lot of guts
5. for other purposes
6. efforts in sustaining and keeping

Building your vocabulary

Section A 1-6 maintenance considerable economical accumulation
warmth assurance

Section B 1-6 pushing disadvantage incidents intention sustained
aggravate

SectionC 1-6 up in to on on in

Translation

- Section A
1. how they conduct themselves at work
 2. despite of the government's assurance of expanding employment
 3. consider others before you take actions
 4. they have never quarreled in public
 5. quite confident that everything would go as planned

Section B

谈及个人理财，我们总是想方设法地省钱。家庭预算包括大大小小的开销，因此我们总想削减开销，又或者说，至少，把钱花道更改花的地方。你肯定会考虑其中一件事，就是宁愿坐公共交通工具，也不自己开车。

公共交通便宜实惠，这是很容易想到的。因为公交车的燃油比天然气便宜些，但是这还不是考虑的唯一成本。回想一下高中经济课中讲到的机会成本。如果你还记得，那么正如你想起来的一样，机会成本是当你选择某事物的同时，你放弃了其他的事物。虽然这不是用美元或是美分来衡量，但是无论你何时作出理财决定，你都必然会考虑到这一点。

Unit 11 Cyber world

Text A

Checking your comprehension

1-5 BDBAC

Building your vocabulary

Section A 1-6 merely intimate determine romantic perception intense

SectionB 1-6 convey revealed variety suspected potential personality

Section C 1-6 to in/under as in of to

Bridging the gap

1-10 everywhere get up schedule while daily since
in touch with use communicate

Translation

- Section A 1.was perceived as an important breakthrough
2. Under no circumstances can you approach that person
3determine whether she is guilty or not
4.when you are deprived of your sleep
5. in any case I was not invited

Section B

在网络上，各种形式的人际关系已经变得越来越寻常。成千上万的人们在网上寻找浪漫缘分，更有数以百万的人们通过网络打造他们的友谊。在我们这个数字新时代，这些网络人际关系将成为人类下一个逻辑步骤。人们有机会了解他们在平日生活里接触不到的各类人，这些网络人际关系通常是跨文化的，跨经济的，跨国家的，跨年龄的，以及跨社会边界，这些方式在现实世界中是不可能发生的。

然而，当你在网上和别人说话时，你没办法知道正在和你讲话的这个人到底是个什么样的人。不能够看到对方，你就不能合理的判断对方，而且你永远不会知道跟你讲话的这个人是什么类型的人，直到你在真实的世界迈出那与对方见面的危险一步。

Organizing your ideas 2 5 3 1 4

Text B

Checking your comprehension

Section A 1-6 N Y Y N Y N

- Section B 1.government operation 2. anyone heeded it
3.the routine availability
4. instant gratification
5. the development of the internet
6. reliant and dependent

Building your vocabulary

- Section A 1-6 traditional reliant novel consume option impatient
Section B 1-6 simplified evolved tremendous interaction declined
standard
Section C 1-6 on with to up In on

Translation

- Section A 1. I don't want to take up too much of your time
2. obtaining access to social services
3.backward in this respect
4.Realistically(speaking), he was hopeless
5. only 10% of American often engage in exercises

Section B

网络电视通常指的是那种可以通过网络下载或是串流媒体在线看的电视。如今，大多数网络在他们的官方网站上都有网络电视节目区域的功能，然而，这些通常只有在美国地区的网络用户可以看到。与串流媒体不同，可下载的视频允许用户把视频内容保存在自己的电脑里，而且这是看网络电视的一种很普遍的方式。

网络电视主要的益处包括节目的选择以及灵活性。不像普通的电视，网络电视的用户可以在任何时间来自己选择任意节目和片段。网络电视的观看者也不必为了暂停节目，倒带或是快进，而用录像来把节目录下来——串流媒体和下载站点都可以让用户通过网络电视用到这些功能。

Unit 12 A break from life

Text A

Checking your comprehension

1-5 ADBAD

Building your vocabulary

SectionA	1-6	awareness	resemblance	permission	settlement
		justification			
SectionB	1-6	subsided	tured	subsiding	refreshed
		nurtured			symptoms
Section C	1-6	up	with	to	away
				out	set

Bridging the gap

1-10 addition to Unfortunately one get out of through free
either positive rather than

Translation

- Section A 1.waiting until problems are piling up
 2.respond to our request for help
 3.had come down with the flu, and had to stay in bed
 4.He will be set free
 5. justify your cheating on the exam

Section B

不要通过把自己和别人做比较就低估自己的价值。这是因为我们每个人都是有不同的，独一无二的。不要将他人视作重要的东西作为你自己的目标。只有你自己知道什么对你是最好的。不要因活在过去或是未来而让生命从你的指缝间溜走。只有活在当下，你才能活好每一天。不要害怕承认自己不够完美。正是脆弱的天性将我们紧紧联系在一起。不要让时光虚度，自己都不知道曾经去过哪里，也不知道要去哪里。不要忘记一个人最大的情感需求就是感到自己得到了赏识。不要浪费时间和话语，因为这些东西一旦失去就不可复得。生活不是一场比赛，而是一段旅程，一路上每走出一歩都要仔细品味。

Organizing your ideas 2 4 1 3 5

Text B

Checking your comprehension

Section A	1-6	Y	N	N	Y	Y	Y
Section B	1.	feeling good about yourself can affect how you act					

- 2.a person's body image
- 3.to compare themselves with others
4. Body image
5. strong self-esteem
- 6.do this by making goals for yourself

Building your vocabulary

Section A	1-6	capability	combination	adjustment	ignorant	hurtful
		permanently				
Section B	1-6	verifying	varying	embarrassed	criticized	tempt
		prejudice				
SectionC	1-6	down	to	about	with	through of

Translation

- Section A
1. put down because of coming back late
 2. I don't care about what measures you take
 3. keep track of your capital / money
 4. they are nothing compared with yours
 5. make us feel good about the efforts we have made in the past decade

Section B

人生在世，和‘自己’相处最好，打交道最多，但是往往最悟不透的还是自己。当你一帆风顺时，往往高估自己，好像每件事你都唾手可得，幸运和机会伴随着你，你会万分高兴它们构成了你的价值的一部分。不得志时，又往往低估自己，错以为困难和逆境是因为自己的无能而产生的，你可能认为安分守己、与世无争是明智之举，而实际上往往被怯懦的面具窒息了自己鲜活的生命。彻悟自己，就是正确认识自己，做一个冷静的现实主义者，既知道自己的优势，也知道自己的不足。